

# SUMMER NEWSLETTER 2023



# NAVY CYCLISTS

From Monday 2 April to Tuesday 11 April, an incredible team of 8 from the 825 Naval Air Squadron from the Royal Navy Air Station at Yeovilton took to their bicycles to take on the challenge of riding from Land's End to John O'Groats to raise money for the Somerset Neonatal Intensive Care Unit to purchase oxygen assist modules. They raised an incredible £13,105.

Raised an INCREDIBLE  
**£13,105**

Mark said, "it was my mission to raise money to help purchase oxygen assist modules, to save valuable time for the team who were wonderful, caring, attentive nurses who will be able to spend more time providing different types of care".

The team travelled the length on the UK covering a total of 921 miles over 9 consecutive days (this challenge is usually completed in 14 days). They climbed the equivalent of Mount Everest 1.5 times, and they did it in just over 60 hours, setting a pace of 15.3mph.

A huge thanks and congratulations to the team and their support team for this amazing adventurous challenge. This was nothing short of incredible, especially and some of the team had never cycled such a distance before.

Sue Fulker (Neonatal Unit Manager), Maddie Holland (Practice Development Sister) and Zoë Steer (Head of Fundraising) with Mark Wilkes presenting the giant cheque



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# DEAR SUPPORTERS

Welcome to the Summer 2023 edition of our Newsletter. As always, Thank you to all those who have supported us, donated, and have fundraised for Love Musgrove already in 2023 and to many others who are still fundraising for their events now and in the future.



I would like to express my thanks to all those involved with the merger between Love Musgrove and Yeovil Hospital, please read on to the next page for the full story but its certain there are exciting times ahead for our new family of charities that will also include Somerset NHS Charity, which will be focusing on raising funds for community healthcare, including mental health projects, district nursing and community hospitals.

The donations and fundraising that continues across the county is quite fantastic

I wish everyone well for the rest of the summer and thank you for your support.

Best Wishes

**Barbara Gregory** – Chair



# OUR NEW IDENTITY

Photo: David Shannon, Director of Strategy and Digital Development; Colin Drummond, Chairman of Somerset NHS Foundation Trust; Heather Ancilll, Matron at South Petherton Community Hospital and James Kirton, Head of Charity.

Following the merger of the two NHS trusts in Somerset, Love Musgrove will now be working much more closely with our colleagues at Yeovil Hospital. Love Musgrove will of course continue to support the hospital here in Taunton, in the same way as it does now, but we have taken the opportunity to develop an exciting new look, to show that we are all now part of the same charity family. You will notice that the new logo is now part of the newsletter.



The new family of charities will also include Somerset NHS Charity, which will be focusing on raising funds for community healthcare, including mental health projects, district nursing and community hospitals. Somerset NHS Charity will also raise funds for large projects that span the whole of Somerset.

A launch event was held at South Petherton Hospital on 19 June and was attended by community leaders and people who have supported community healthcare in recent years.

If you have any questions about Somerset NHS Charity, please contact **Amy Phelps** on [Amy.Phelps@SomersetFT.nhs.uk](mailto:Amy.Phelps@SomersetFT.nhs.uk).

The event was attended by community organisations, individuals and companies across the County and were met by the fundraising team. The occasion was marked with an official photo (Above).



**Somerset  
NHS Charity**



# VOYAGE OF RECOVERY 2023: We did it!

**On Friday 28th of April a team of eight patients cared for by our early intervention in psychosis team arrived safely into Plymouth, having sailed 169 miles in six days- Part funded by Love Musgrove.**



“Our eight young people endured a 20-hour passage, sailing through the night in freezing, wet conditions and rough seas, with many succumbing to seasickness – it was such a challenge!

It was all part of the Voyage of Recovery, which involves young people who've experience psychosis embarking on a sailing activity to promote recovery by strengthening social and emotional relationships, with the aim of building their self-esteem and confidence.

Dr Estelle Rapsey, one of our clinical psychologists and the clinical lead for our early intervention psychosis service, said this year's voyage has been a resounding success.

“We're so pleased to have been able to run the voyage again this year as the benefits to the eight young people who took part are clear to see,” she said.

“One told me that it had given him a new sense of self-confidence that he'd never had before, and another said is made everything in his life much clearer. Three members of the team were interviewed by ITV Westcountry the week after the voyage and I was bursting with pride at how positive they were now feeling.

“The Cirdan Sailing Trust organised the voyage – a full circumnavigation of the UK – and this year we completed the second leg, from Portsmouth to Plymouth.

“Our eight young people endured a 20-hour passage, sailing through the night in freezing, wet conditions and rough seas, with many succumbing to seasickness – it was such a challenge!

“But the rewards were plentiful as we were treated to a beautiful sunset and sunrise, starlite skies, dolphins dancing alongside us, and a sunbathing seal. We took part in many activities on board too, including card games, sea swims, laughter and lots of singing!

“So many memories and friendships were forged, confidence built, and a new sense of self-belief for many as we worked as a team to support each other, connect with nature and share stories of hope and recovery.

“Everyone earned their Royal Yachting Association 'Start Yachting' certificates and left with a huge sense of pride and achievement.”

“So many memories and friendships were forged, confidence built, and a new sense of self-belief for many...



# The New Fundraising Team

**We are thrilled to introduce the new Fundraising Team and we are here to support you in your fundraising journey.**



From right to left, **Elliott** runs the Fundraising Office, and processes all the donations and queries that we receive. Elliott's enjoys watching cricket at the Somerset County Cricket Club and is a new dad.

**Amy** joined the team in April having worked in the dementia team in Yeovil but has always been involved in fundraising events. Amy supports all fundraisers and works with the community in the East of the county. Amy enjoys performing and takes part in local theatre productions.

**Zoe** Leads the Team and has over 16 years of fundraising experience working in events, community, major donors, corporate including national partnership, trusts and foundations and team management roles for some national organisations. Zoe looks after gifts in wills/legacies and major donations. In her spare time, you will find Zoe in her garden.

And by no means least, **Max** who also joined us in April from Action Aid as an Events and Community Engagement Officer. Max supports fundraisers and engages with the community in the West of the county. Max enjoys a round of golf and is a new dad.



# AROUND THE COMMUNITY



## Volunteers

**We are on the lookout for some new volunteers!**

As a volunteer there are many ways to get involved from collecting money at our events, helping with bucket collections at supermarkets, placing collection tins in the community.

So if you want to get involved email [Lovemusgrove@SomersetFT.nhs.uk](mailto:Lovemusgrove@SomersetFT.nhs.uk)

## The Merry Monk

**The amazing Angie Merrick, her wonderful family and the team at The Merry Monk pub in Taunton raised and donated a very generous £7,470 to the Fielding Ward in memory of her late husband Mike.**

With the donations coming from a Race Night hosted at the Merry Monk pub by Angie and her family, the night was a great success with an amazing amount being raised for Fielding Ward, thank you to all that supported the Race Night, your contributions will help many.

## Southwest Heavyfest Rock Against Cancer

**We are very proud to share the news of the Annual SouthWest Heavy Fest that took place on the 29th and 30th of April.**

The wonderful organisers, attendees and heavy metal lovers raised an incredible £1,400 over two days for the Beacon centre.

Through peoples love of music and the beautiful weather it was said to be SouthWest Heavy fest's biggest weekend ever and we are so thankful to all the team who managed to put this together.

Max and his amazing team have already put the dates in the diary for next year, so head over to their Facebook page for more information.



## Tesco Chard

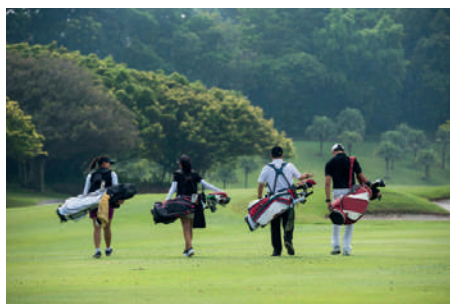
**The Tesco store in Chard have been working incredibly hard to raise £220.35 for the Children's Ward.**

The store have a Jigsaw and book collecting table where customers can donate unwanted books and jigsaws to the table. The books are then available to anyone who wants them for a donation into the pot. This is an amazing idea to recycle and raise funds for an amazing cause. Thank you very much to Nicky and everyone who works and shops at Chard Tesco.



# Charity Golf Day

We are very happy to announce that we will be hosting a Charity Golf day at Cricket St. Thomas Golf club on 17 May 2024.



Join us for a 4 player Texas scramble. Entry includes a coffee, bacon roll and a meal to follow your round. We will also be hosting a winners presentation, so bring your best clubs! Entry is £250 per team.

Hole and flag sponsorship opportunities are both available, if you have any questions or would like to register please contact us by emailing [Lovemusgrove@SomersetFT.nhs.uk](mailto:Lovemusgrove@SomersetFT.nhs.uk)

## WHAT'S COMING UP?



## FIRST EVER Overseas trek fundraiser

We are delighted to announce our first ever overseas trek fundraiser is the Camino de Santiago in October 2024!!

Join us as we trek 100km through northern Spain to reach the UNESCO World Heritage site of Santiago de Compostela. Follow in the footsteps of pilgrims and explore the eighth and final section of the French Way – the most traditional and best known route.

This is a sponsored trek raising vital funds for NHS services across Somerset. A £399 registration fee is payable at the time of booking, then you are asked to fundraise at least £2,995 for Yeovil Hospital Charity, Love Musgrove or the New Somerset NHS Charity.

For more information and how to book go to: [www.different-travel.com/trip/somerset-nhs-camino-de-santiago](http://www.different-travel.com/trip/somerset-nhs-camino-de-santiago) or contact Amy Phelps on [Amy.Phelps@SomersetFT.nhs.uk](mailto:Amy.Phelps@SomersetFT.nhs.uk) or call 07342 706 757.

We rely on the generosity of people to help develop and fund services across the Trust for Musgrove and all our Community Hospitals and a large part of this comes from legacies or gifts people leave us in their Will.

Last year, we received an incredible £500,000 in legacies which includes £30,000 for the Beacon Centre and over £124,000 left to the general fund which supports vital projects across the trust.

Gifts in Wills can make a real difference to patients and for generations to come. If you would like more information about leaving a gift in your Will, please contact [zoe.steer@SomersetFT.nhs.uk](mailto:zoe.steer@SomersetFT.nhs.uk)

Gifts in Wills  
your gift  
for future  
generations



# PLEASE DONATE GIVE A GIFT TODAY

## One off gift

I am over 16 and my address details are.

|            |
|------------|
| First Name |
| Last Name  |
| Address    |
|            |
|            |
| Postcode   |
| Telephone  |
| Email      |

If your donation is in memory of someone please tell us

|                             |
|-----------------------------|
| Their Name                  |
| Your relationship with them |

We'd love to keep you up to date with our news, activities and ways to get involved. We'll never sell or swap your details with anybody else.

I am happy to hear from Love Musgrove by

Email  Post  (Tick all that apply)

|           |
|-----------|
| Signature |
| Date      |

You can unsubscribe or change your preferences at any time by emailing [Fundraising@SomersetFT.nhs.uk](mailto:Fundraising@SomersetFT.nhs.uk) or contacting us on **01823 344437**.

Love Musgrove always stores your personal details securely. For full details see our privacy policy on our website.

£10  £25  £50  £100  Other amount \_\_\_\_\_

**To the following fund/department:**

The Better Everywhere Fund  The Children's Unit

The Beacon Centre  The Maternity Unit

Other £ \_\_\_\_\_

I enclose a cheque payable to Love Musgrove  
Please debit my Visa/CAF/Maestro/Mastercard  
(Circle as appropriate)

|                   |
|-------------------|
| Cardholder's name |
|-------------------|

**Card number:**

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3 Digit security code:

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| Signature |
| Date      |

### Make a Gift Aid declaration

Boost your donation by 25p for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

In Order to GiftAid your donation you must tick the box below

I want my donation of £  and any donations I make in the future, or have made in the past 4 years to Love Musgrove

Signature:  Date:

I am UK taxpayer and understand that if I pay less income Tax and/ or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference, I will notify Love Musgrove if I want to cancel this declaration, change my name or home address or I no longer pay sufficient income tax and/ or capital gains tax.

If you would like to make a regular gift via direct debit, please tick this box and we will send you further information on how to sign up